



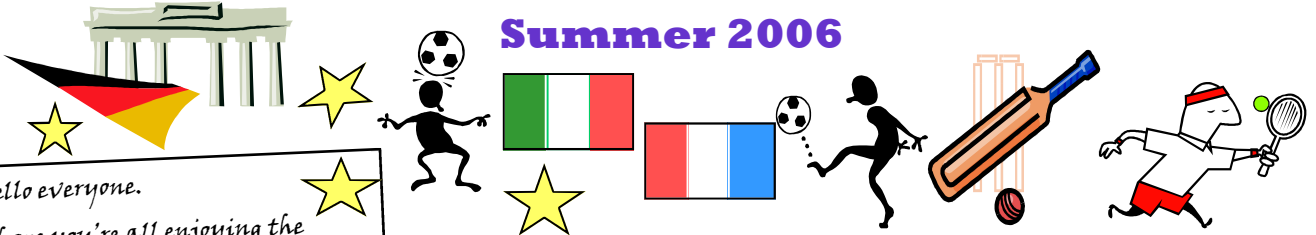
# KINGSWELL NEWS



**Spurgeon's**  
child care

Working with children, young people and families

## Summer 2006



Hello everyone.

I hope you're all enjoying the summer so far. There seems to be so much going on this year, The World Cup, Wimbledon, a Test Series... and that's only the sporting events let alone all the Music festivals that are happening. My name is Aled and I am this month's quest editor. You may have seen me about the place or at Youth Club. I am currently studying a degree in psychology and the wonderful people here at Kingswell have allowed me to do my placement here over the summer.

### CANOEING, KAYAKING & BELLBOATING.



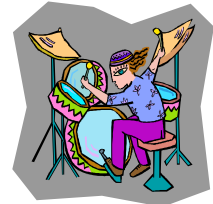
On Thursday evenings between 27th April and 25th May, Lyn Berman together with the Shropshire Youth Association (SYA) took a group of young people aged between 12-17 from Kingswell to The Shropshire Paddlesport, Canoe and Kayak Club in Queenshead just outside Oswestry where they learned canoeing, kayaking and bell-boating skills. The sessions were a great success and it is hoped something similar may be organised for the future.



### TRIBAL JAM METAL AND ROCK NIGHT AT KINGSWELL

Friday 26<sup>th</sup> May this year saw The Kingswell Centre play host to the Tribal Jam Metal & Rock night which saw several local bands showcasing their talents in front of an audience of young (and old!) appreciative rock fans. While staff and volunteers from the centre were there to make sure the event ran smoothly, much of the credit for organising and stage managing must go to Jay Moore - drummer extraordinaire for the band **Vital Signs**.

The whole line-up consisted of youngsters **No Regard**, who gave a very good account of themselves playing one of their first ever gigs, followed by the highly entertaining **The Keys**, whose high tempo set got everyone up on their feet with their inimitable blend of synth-pop/rock with moves aplenty!



The audience were only given ten minutes to recover before the very slick three piece **Smokin' Tequila** took to the stage with an energetic mix of punk/ska/soulboy rock and a set that demanded everyone got up to 'do their thang'! Then it was the turn of Jay's band **Vital Signs** who treated us to a very polished performance of heavy rock. Their musicianship was second to none and as for the lead singer... it was hard to believe that a mild mannered young lady could produce such an awesome sound! Good luck to them. Finally on came **Inzhagi**. I was intrigued as to why a band should want to name themselves after this particular Italian footballer, but alas I never did get to the bottom of that one. Unfortunately we saw a rather scaled down version of the band, but as with **Vital Signs**, the musicianship was outstanding and the three band members who were there treated us to a bit of a jam including a great rendition of Jamiroquai's "Deeper Underground".

Due to the fact that the whole evening was a complete success, I'm hoping it will be repeated. There are far too few places for local talent to be showcased in this way so let's hope that **Tribal Jam** at the Kingswell Centre becomes a regular event.



Stop Press.....

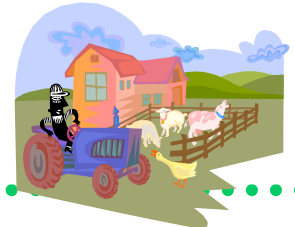
Jay and the Tribal Jam posse have arranged a battle of the bands competition to take place at the Kingswell Centre. Anybody interested should contact Jay Moore on 07859378569





### EGG & BANANA'S COUNTRY WEEKEND

On the weekend of May 19<sup>th</sup> - 21<sup>st</sup> Lyn Berman and some willing volunteers from the Egg & Banana club took eleven youngsters to spend some time at the "Ewe & You" farm near Ludlow in Shropshire. The "Ewe & You" farm is a family run charity project whose aim is to give young people the experience of country living and an idea of what life is like living on a working farm. The activities enjoyed by our youngsters involved feeding and grooming some of the lambs and ponies, and caring for the pigs, goats and chickens which were in abundance and apparently quite happy to be pampered. They also visited a dairy farm to watch the cows being milked and the milk being processed before collection. Accommodation was in the form of some 'ramshackle caravans' (as they were described to me), but everyone mucked-in and reported enjoying themselves and having a wonderful time despite it being one of the wettest weekends of the year.



### Goodbye to Henrietta.....

At the end of July Henrietta, or Hen to her friends, will be leaving Kingswell having been here for the last 12 months. During her time here Hen conceived and established the H2O (Health to Oswestry) project aimed at helping the young people in Oswestry. She was also responsible for the mentoring project which will come to an end with her departure and a key member of the detached team. The work of the detached team will continue however with Tony and Michelle. Hen was also a young person's drug and alcohol worker, but someone else will be taking over and operating from M.A.T. at the Beech Grove School, Oswestry. The new number is 01691 655486.

At her new post in Telford, Hen will be working with young people at risk of offending.

We may all get to see Hen in the near future as a contestant on "The Weakest Link". Having worked here with Hen for the last couple of months, I think Anne Robinson may just have met her match!

We all wish her the best of good fortune in her new job and the rest of her life.



### Detached Trampolines...

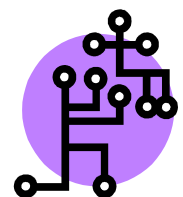
Earlier this year Michelle & Tony our *detached* workers secured funding for extra sports facilities for the Kingswell Centre. This funding included four sessions of trampolining which took place at The Border School of Gymnastics situated by the Old Railway Station, Oswestry. Tony and Michelle took a group of young people from their *detached* groups on these sessions which proved to be a huge success, so much so that the young people involved were keen to continue afterwards and work towards improving their trampoline skills. As the event was so popular it is hoped that funding from The Youth Opportunities will be available to repeat the exercise at a later date.



### A poem by Annie Brown

#### AT THE KINGSWELL CENTRE

At the Kingswell Centre there are people you can talk to,  
About anything you want to,  
The future, the present, the past  
Don't be afraid, you can talk and they listen to you.  
You are a person with feelings – take things slow, or fast.  
These decisions are primarily yours to make,  
If you need a chat and a shoulder to cry,  
Just be honest to yourself and them, no need to be fake.  
People here listen, can comfort, they may ask you why...  
Why are you crying, what makes you so happy or so sad?  
Do you need to talk, do you need a friend?  
When things go wrong, when things are bad,  
Who can you turn to question, 'when will it end?'  
These are questions we ask ourselves some of the time,  
Sometimes we are scared, sometimes alone we stand,  
Life is about making each day count,  
But make sure for you, you make some time,  
But always remember at Kingswell  
There are people for you,  
People at hand.



**THE SERVICE USER DEVELOPMENT PROJECT – S.U.D.S.  
AND SHROPSHIRE USERS NETWORK – S.U.N.**

AN INTRODUCTION BY ABI BUTTERS

As the Substance Misuse Service User Development Worker for Shropshire my primary role is to facilitate the development of service user groups to act as advisory groups to the Drug Action Team.

Funded by the Drug Action Team (DAT) and originally based in Shrewsbury the post recently moved to Oswestry in October. Now working from the Kingswell Centre I look forward to continuing and further developing the work that has already been done. Building upon the contacts and successes already achieved I hope to continue to facilitate service users in sharing their views and opinions on the services on offer.

In May, the user group set a competition to find a suitable name that represents them and the role that they play in working towards improving substance misuse services. Having received a number of entries there was some deliberation before the final choice was made. The group decided that Shropshire Users Network or S.U.N. (for short) was the most appropriate submission. Positive and upbeat, it encapsulates the current organisation of involvement in Shropshire with 'network' being a great way to describe the individuals dotted about the county who come together on a regular basis to discuss issues, raise concerns and act as consultants to the Drug and Alcohol Action Team. (DAAT)

*- Abi Butters*

If you would like more information or are a drug or alcohol user who would like to have **your** say about the services that you use please contact :

Abigail Butters on 01691 655126. Her email is:- [abi@kingswellcentre.org.uk](mailto:abi@kingswellcentre.org.uk)

There will be meetings on the first Monday of every month, from 2–4pm at The Hobbs Room, in Shrewsbury Library.

*And finally,  
don't forget this  
year's summer  
scheme here at  
Kingswell...*



**Kingswell Youth Summer Scheme  
31st July–11th August 2006**

Doors will be open Monday-Friday 11am-1pm  
Open to all young people aged between 9-16 yrs

**Activities will Include**

Sailing (26/27th July, call in to book)

Fun trips out

Arts and Craft

Sports and tournaments

Games and Quizzes

Cyber café

For more information

Phone: 01691 655126

Email: [office@kingswellcentre.org.uk](mailto:office@kingswellcentre.org.uk)

Come in: 9 Arthur St, Oswestry, SY11 1JN