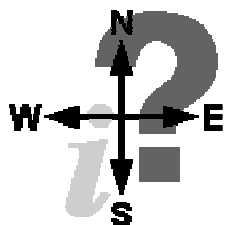


What is One To One?

A Counselling Service for families and individuals in Oswestry and District.

It is part of the work of Kingswell Centre, a Youth and Family project based in Oswestry.

- Most families and individuals need support at some time or other, to sort out problems which arise
- Sharing these concerns with someone we can trust can often help us to get things sorted.
- It is not the Counsellor's job to tell you what to do, that's still your decision
- Our Counsellors operate under the Code of Ethics of the Association of Christian Counsellors



How do I get an appointment?

Call in at The Kingswell Centre,
9 Arthur Street, Oswestry,
and see the person on duty, or ring the Centre (01691) 655126

A meeting will be arranged with a counsellor who will talk with you about the way we work and will try to sort out how we can best help you.

Meetings will normally be at the Kingswell Centre.

How much does it cost?

Kingswell is a charity and depends on donations and grants to maintain its services, and we would appreciate a donation (minimum £3 per session).

Envelopes will be given out at the end of the Counselling sessions.

The Kingswell Centre
also has the following services:-

OFAAD - Oswestry Families Affected by Alcohol and Drugs. Support for people, families and carers of someone with a drug or alcohol problem or related issues.

PACE - Pregnancy Advice Centre for Everyone

YOUTH SUPPORT– One on one support to young people on a range of issues.

The staff and volunteers at Kingswell are available to talk with you in a friendly, confidential way.

If we are not able to help you then we normally know someone who can.

For more information contact :-

The Kingswell Centre
9 Arthur Street
Oswestry
Shropshire
SY11 1JN

Tel: 01691 655126

Email: office@kingswellcentre.org.uk

Website: www.kingswellcentre.org.uk

ONE TO ONE

CAN HELP WITH:-

- Relationships
- Loneliness
- Fear
- Pregnancy related issues
- Anxiety
- Pain
- And a wide range of other issues

(If we feel you need to see other specialists we will support you through the process)

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SY11 1JN

Tel: 01691 655126

E mail: office@kingswellcentre.org.uk
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The Kingswell Centre
is a Christian based Youth and
Family
Support Charity working in
partnership with Spurgeon's
Child Care in Oswestry

Registered Charity No: 110 44
74

Company Number: 047 34106

In partnership with



ONE TO ONE

THE KINGSWELL CENTRE

COUNSELLING SERVICE